

Pass the Parcel

FORFEIT CARDS

36 fun forfeits for every age group

HOW TO USE THESE CARDS

1. Print this sheet on white cardstock for best results.
2. Cut along the dashed lines to separate each card.
3. Fold one card and tuck it between each layer of wrapping.
4. When a player unwraps a layer, they read the card aloud and complete the forfeit before play continues!
5. Use age-appropriate cards for your group.

Each card is labelled: Toddlers / Kids / Teens / Adults / All Ages.

TIP FOR THE HOST

Control the music yourself so you can make sure every child gets a turn to unwrap!

Pause a little longer on shy players, everyone deserves a moment of fun.

TODDLERS

ROAR!

Make your best LION ROAR as loud as you can!

TODDLERS

HOP!

Hop like a bunny three times around the circle!

TODDLERS

SPIN!

Spin around in a circle two times then freeze!

TODDLERS

MOO!

Moo like a cow five times, the louder the better!

TODDLERS

WAVE!

Give everyone in the circle your silliest big wave!

TODDLERS

DANCE!

Do your funniest dance move for 10 whole seconds!

KIDS

ROBOT!

Do your best robot dance for 15 seconds!

KIDS

JOKE!

Tell everyone the funniest joke you know!

KIDS

ELBOW!

Try to lick your elbow! (Spoiler: you can't!)

KIDS

PENGUIN!

Waddle like a penguin all the way around the circle!

KIDS

FREEZE!

Freeze in the silliest pose you can, hold it for 10 seconds

KIDS

MONKEY!

Act like a monkey for 20 seconds. Go bananas!

KIDS

BALANCE!

Balance a shoe on your head and walk across the room!

KIDS

SING!

Sing the first verse of Twinkle Twinkle as LOUD as you can!

KIDS

ACCENT!

Speak in a silly accent for the next two rounds!

KIDS

STAR!

Do 10 star jumps as fast as you possibly can!

KIDS

WIGGLE!

Wiggle your entire body for 10 seconds, no stopping!

KIDS

SLOW-MO!

Do the most dramatic slow-motion fall you can manage!

TEENS

LIP SYNC!

The group picks a song. You must lip sync it perfectly!

TEENS

STAND UP!

Do a 30-second stand-up comedy routine. Right now. Go!

TEENS

ACCENT!

Speak in a British accent for the next three rounds!

TEENS

CATWALK!

Strut your best catwalk down an imaginary runway!

TEENS

TONGUE!

Say 'She sells seashells' five times fast. No mistakes!

TEENS

CELEB!

Impersonate a celebrity for 1 minute. Group must guess who!

ADULTS

WILDLIFE!

Narrate everything you do for the next 2 minutes in a David Attenborough voice!

ADULTS

TOAST!

Give a heartfelt wedding toast for the person to your left!

ADULTS

VILLAIN!

Do your best villain laugh. The group rates it out of 10!

ADULTS

SALES!

Do a 60-second sales pitch for the most boring object in the room!

ADULTS

SOAP!

Perform a dramatic soap opera monologue about losing your car keys!

ADULTS

CONFESS!

Share your most irrational fear with the whole group!

ALL AGES

HIGH FIVE!

Give a high five to every single person in the circle!

ALL AGES

COMPLIMENT!

Give a genuine compliment to every person in the group!

CHALLENGE

ALPHABET!

Say the alphabet backwards in under 20 seconds. Go!

CHALLENGE

STRAIGHT!

Keep a straight face while everyone tries to make you laugh!

ALL AGES

SECRET!

Tell the group one of your secret talents. Then prove it!

ALL AGES

WORM!

Attempt the worm. Any attempt counts. Points for trying!
